2020!

"Officiating is the only occupation in the world where the highest accolade is silence" - NBA referee Earl Strom.
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Dues
- Dues go to D'Ambrosia
- PayPal to gvloa.officials@gmail.com
- Checks payable to GVLOA
  - $100 for vets
  - $30 for new guys
Quick Restarts (Rule 4-22)

• OFFENSIVE players still must be 5 yards from the player restarting with the ball. (No hidden ball trick)

• Officials will no longer wait for DEFENSIVE players to position themselves more than 5 yards from the player in possession of the ball when restarting play.

• On All Restarts Defensive Players MUST
  – Allow the offensive ball carrier a direct path to the goal
  – Not engage the ball carrier until they have established a distance of 5 yards

• Penalty: The penalty for a defensive player engaging the ball carrier before a distance of 5 yards has been reached is a technical foul for delay of game.
ILLEGAL CROSSE (Rule 5-10)

• ALL Illegal Crosse Penalties are two-minute non-releasable personal fouls

• The crosse can be corrected for use later in the game

• It is the responsibility of the player/coach to ensure that a stick is legal before it returns to play

Throwing a crosse (Rule 5-10-1e)

• Throwing the crosse at the ball, at a player or other game personnel.
• PENALTY: One-to three-minute, non-releasable
Slashing (Rule 5-7)

- Be consistent (as a crew) from beginning of the game to the end
- Trail checks - trailing player swings and hits back (no chance)
Assuming

**South GVLOA**

Things we need to know & Reasons to Block

- Special Availability issues (work schedule etc)
- Do you have a connection to a team/Program (son played/relative plays)
- Do you have a personal relationship with coach
- School district you live in (may know too many people and put yourself in an unneeded tough situation)
- Have you had a past issue with the coach?
  - Argument/USC
- Are you hurt?
- Issues with Brother officials?
Assigning
2 Man Mechanics

Ny: Steve Nims
Basic Layout of Field

Lead Left
Who is On and Who is Off

Lead

Trail
Priorities

1. Goals
2. Personal Fouls
3. Technical Fouls

You cannot catch all with only 2
Things to Remember

• Lead Left
• On quick restarts, make sure partner is ready
• You can switch sides if it will help
• Know who has clock near end of period
• Trail has late hits
Things that make you look better as a crew

• Don’t throw the ball to midfield after a goal
• Get to the cone on clear
• Make signals clear
• Good pre-game to make sure you each are on the same page
• Acknowledge coaches questions
• R has home, U has away for counts and stick checks
• Typically trail has 20 second and lead has 10 second counts
• Make sure partner knows flag down
• Anticipate timeouts
Simultaneous Fouls in NFHS Boys Lacrosse

By: Scott Maloney
LACROSSE

By: Bob Menz
LaCrosse: The CREATOR’S Game

How do I love thee?
Let me count the ways.
*  
  Iroquois Confederacy Brothers  
  Chris Ladd & Webster, Coach Guerrera  
  Tom VanHall, JL, TC, TM, M Hanna, JA, RF, USNA  
  Coaching Brothers & MCC Coach Don Bell  
  Emanon McEneny, Mike French, Richie Moran, Cornell BL  
  Gang Green: “We Grow on You!” RR, MM, TS  
  Victor: “It’ll hurt our baseball program!” MS
Ref Philosophy: Who do I want the student-athlete to become?

- Is there a value to Sacrificing for others?
- Is there a value to endure pain for a team goal?
- Does “Managing” a game help the student-athlete grow as a man who can control his emotions? Or am I restricting his growth in self-control?
Refs: Blasts from the Past

- Eric Falkman, Chuck Buckholtz
- Campy= Irondequoit
- Frank Shields: Iron v RH (90 mins.)
- Craig Pratt, Frank Mangione, Harvey Stoler
- Ray DeMuth and Bruce Teague-memory!!! Craig Lauer
Past Emphasis:

- Get the call right
- Hustle
- Call the Felonies
- Count from the back. Make sure there are 4 and 3.
- Freeze the benches when a fight breaks out
- Watch for the follow thru on the hits and not leaving the feet
- Leave after the game
Refs Today & Tomorrow: Consistency across games and ref personnel

- Field Mechanics: Tim Burrows
- Pre-positioning: Kevin Curley
- Crease work as lead and rabbit: Brian Wing, Steve Nims
- Voice Quality: Pete McCabe
- Signals: Many, many excellent examples
- Videos; Sectional & States!!!
Current Emphasis:

- Get the call right. Hustle. 3- man
- Watching your area vs the whole area
- Come together on 2-3 minute penalties
- Safety= stickwork over body checking; we no longer allow “paying the price after the goal”.
- Consistency (advantage gained) across games and refs
Prepare: Job No. 1! Takes care of everything else.

- After game: #1-Wash Clothes, Hydrate!!!, Dryer
- Morning: B4 dressing #2- Pack clothes include shoes, Eat & Hydrate, be excited for the day!!! It’s LaCrosse Season!
- Eat Lunch & Hydrate!
- Drive safely and imagine the game and what you want to say to your partner(s), i.e.: what you wish you had seen from him last game, problem with a S-A, Coach, Field, etc.
The Rule Book

- Take the test before you read the book
- Note the questions you were unsure of and go back to the book; questions you were super sure of and missed read the whole of that section and its applications.
- Take the test again, keep doing it until you get 100
- Whatever way is your learning style do it and take the test.
- Keep reviewing it because situations may not come up the first 7 or 14 games but then they pop up and we’ve forgotten or aren’t prepared.
- Talk it over after the game and check the book / call Scott
PREP

- Run Forest Run- New “hustle” rule will wear us all out
- Stretch Forest Stretch: spine, ankles, all leg muscles
- Sleep Forest Sleep: don’t mess with the TV-go to sleep!
- Footwear, socks, heel cups if Achilles Tendon starts straining
- It’s an Athletic Event for you too! Hit the Head!, Jog, Stretch, wear what’s warm
- Move around the field and gain a perspective as the near and far side, lead and trail; slide in and away as you see the creases, watch team as they run thru offense
- If you’re not sure ask
- Timer, belt, tape, 2 whistles, measure/scorecard & pencil, coin, pen, water (2-3), cap, gloves, jacket, pants, car keys, Kleenex, shoes
Failures

- I was poor at putting “the office away” on too many days prior to retirement.

- All Star Game- Victor- Lightin’ a long way off. 1 and you’re done!
Recommendations

- Ability to see the team’s video of disputed calls
- Perhaps a “Go-Pro” video of each ref on a 3 man game, same for a 2 man game
Countings

- Spring has arrived, along with NEW LIFE!
- One with God and His Creation
- Kids are usually GOOD
- It is a thrilling Game
- We get to witness the new creators small “c” of the game and their and its progression from our era into the next and beyond many times over
- This game has blessed me to see and be near many great players, coaches and men, We are all blessed to breathe in these many experiences and I hope you will be joyous with me as you walk on the field, uplifted as you make the necessary calls on the field, and content knowing you did your best when The Creator begins to take this gift away from you as He will someday, sooner than later, take this gift from me.
Next Meeting

February 24th 7PM Fairport High