2018 BOYS LACROSSE MODIFIED RULES

EQUIPMENT:

a) ALL PLAYERS, INCLUDING THE GOALKEEPER, SHALL WEAR PROPERLY FITTED PROTECTIVE EQUIPMENT DESIGNED FOR LACROSSE.

b) THE ESSENTIAL EQUIPMENT MUST INCLUDE HELMET DESIGNED FOR LACROSSE, LACROSSE ARM GUARDS, LACROSSE SHOULDER PADS, LACROSSE GLOVES, AND A MOUTHPIECE. GOALKEEPERS MUST WEAR A CHEST PROTECTOR, A THROAT PROTECTOR AND ARM PADS.

c) ONLY SNEAKERS OR SHOES WITH MOLDED SOLES AND MOLDED CLEATS ARE PERMITTED IN THE PROGRAM. SHOE WITH METAL POSTS OR SPIKES ARE NOT PERMITTED IN ANY MODIFIED SPORT.

d) WITH THE EXCEPTION OF THE GOALTENDER’S STICK, THERE SHALL BE NO RULE RESTRICTION ON THE LENGTH OF THE STICK IN MODIFIED LACROSSE IF THE STICK FALLS BETWEEN 40-72 INCHES.

e) MODIFIED LACROSSE PLAYERS ARE EXEMPT FROM THE UNIFORM OUTER CLOTHING AND HELMET COLOR REGULATION (REFER TO NFHS RULE BOOK FOR BOYS LACROSSE)

GAME RULES:

FOLLOW ALL NFHS RULES FOR BOYS LACROSSE!! Including this year’s 2018 NFHS Rule Additions

Rule 4-3-3 For FACE OFFS: A CONTRASTING COLOR BETWEEN THE HEAD AND THE TOP OF THE GLOVE MUST BE VISIBLE ON THE SHAFT AT FACEOFFS. THE CIRCUMFERENCE OF THE SHAFT SHALL NOT EXCEED 3.5 INCHES. NOTE: This can be accomplished with the original shaft color, paint, a single wrap of tape or other material.

Rule 1-6 Art 1 THE HEAD OF THE CROSSE AT ITS WIDEST POINT SHALL MEASURE BETWEEN 6 AND 10 INCHES INSIDE MEASUREMENT AT THE TOP AND BOTTOM OF THE WALL. Note: Only the top of the crosse at its widest point shall be measured.

EXCEPTIONS- HОРNS МАу BE USED AND THERE IS NO TIME REQUIREMENT FOR ADVANCING THE BALL.

1. THE LENGTH OF QUARTERS SHALL BE 9 MINUTES.
2. TWO OVERTIMES PERIODS OF 2 MINUTES ARE TO BE PLAYED IN THE EVENT THE GAME IS A TIE; AND NO SUDDEN VICTORY PERIOD IS TO BE ALLOWED.
3. A TEAM SHALL BE PERMITTED 3 TIME-OUT PERIODS PER HALF. THE TIME-OUTS CANNOT BE ACCRUED IN THE COURSE OF THE GAME.
4. A ONE-ARM SWING WITH A CROSSE, WHETHER CONTACT IS MADE OR NOT, SHALL BE CONSIDERED A PERSONAL FOUL-SLASHING. THIS INCLUDES THE OVER-THE-HEAD CHECK.
5. THERE IS NO SUCH THING AS A “BRUSH” IN THE MODIFIED PROGRAM. CONTACT BETWEEN THE CROSSE AND HELMET IS A PERSONAL FOUL.
6. CONTACT WITH THE BALL IS DISALLOWED BY ANY OFFENSIVE PLAYERS WHEN THE BALL IS LOOSE IN THE CREESE.
7. BODY CHECKING IS ALLOWED ONLY AGAINST A PLAYER WHO IS IN POSSESSION OF THE BALL.
8. IN A FIVE (5) PERIOD LACROSSE GAME THE MERCY RULE SHALL BE IN EFFECT AT THE END OF THE THIRD PERIOD OF PLAY.
9. SUBSTITUTES ARE PERMITTED WHENEVER THE BALL GOES OUT OF BOUNDS.
10. WHEN A GOALTENDER GETS A PENALTY, THE IN HOME PLAYER WILL SERVE THE PENALTY IF A SECOND GOALTENDER IS UNAVAILABLE.
11. A GOAL WILL BE DISALLOWED AFTER THE HORN SOUNDS TO INDICATE THE END OF THE PERIOD.